What is claimed is:

 A steplessly adjustable shoulder rest for violin or the like, comprising:

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- a substantially elongated base made of a wooden material and having a layer of air-permeable soft pad fixedly attached to a lower surface thereof; said elongated base being provided at an upper surface with two oppositely spaced recesses that are separately extended from two outer ends of said base by a predetermined distance toward a central area of said base; and two guiding and locking bolts being separately provided in said recesses at positions in the vicinity of centers of said recesses but closer to outer ends thereof to vertically project from the upper surface of said base by a predetermined distance;
- two adjusting slides, each of which having a horizontal main body provided with a long slot and adapted to flatly and slidably locate in one said recess on said elongated base with said guiding and locking bolt in said recess upward projected via said long slot, and outer ends of said horizontal

main bodies being formed into two vertical end walls;

two nuts for screwing to or loosening from said guiding and locking bolts; and

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two binding elements separately connected to outer sides of said two adjusting slides to move along with said adjusting slides.

- 2. The steplessly adjustable shoulder rest for violin or the like as claimed in claim 1, wherein one of said two recesses on the upper surface of said base is extended from one outer end of said base toward an inner edge of said base facing toward a player, and the other recess is extended from the other end of said base toward an outer edge of said base facing away from the player.
 - or the like as claimed in claim 1, wherein said horizontal main bodies of said two adjusting slides have a length preferably equal to the distance by which said recesses are extended from the outer ends of said base toward the central area thereof, and a thickness equal to a depth of said recesses.

4. The steplessly adjustable shoulder rest for violin or the like as claimed in claim 1, wherein said vertical end walls of said two adjusting slides are separately formed at an outer side with a threaded hole for engaging with a rotational nut having a radial threaded hole provided thereon; and wherein said two binding elements are connected at respective downward extended screw bar to said radial threaded holes on said rotational nuts.